



Let's Cook Ya'll

Sunday

Breakfast Food

Monday

Lettuce Wraps/Veg

Tuesday

Grill Meat, Fruit Chutney,
Salad

Wednesday

Crockpot Chicken w/
Artichokes, Pasta, Veg

Thursday

Leftovers!

Friday

New: IP Pineapple Chicken, Rice,
Dumplings, Edamame

Saturday

Leftovers / Eat Out